West Haven
Voice
October 31, 2024

Vol. 29, Issue 21, 20 Pages

West Haven's only independent news source

By and For West Haven

Voice Feature

An in-depth feature

Shoreline landmark celebrates 25 years!

See page 11



Photos courtesy of Bonnie Posick

'Halloween on the Green'

The city, West Haven United and ArtsWest all collaborated Saturday for "Halloween on the Green" a celebration of costume and fun for families and residents. Hundreds came out to show their scariest and best costumes, and enjoy the music and fun provided. These are a sampling some of the costumes, others can be found on page 9.





NHSO slates 'Holiday Extravaganza,' Dec. 13



The New Haven Symphony Orchestra is led by pops conductor Chelsea Tipton II.

By Michael P. Walsh

Special to the Voice

The New Haven Symphony Orchestra is performing a special "Holiday Extravaganza: Joy to the World!" concert at West Haven High School on Dec. 13, Mayor Dorinda Borer announced.

The 7 p.m. concert is presented by the city and will take place in the school auditorium at 1 McDonough Plaza.

Tickets cost \$20 for orchestra seating and \$15 for mezzanine seating.

Tickets are sold only in advance on the GoFan website at https://gofan.co/event/1728128?schoolId=CT17504 and the NHSO website at https://newhavensymphony.org/event/holidayextravaganza-westhaven/

.All proceeds from ticket sales will benefit West Haven Public Schools' music department.

"I am overjoyed to bring this special holiday concert by the world-renowned New Haven Symphony Orchestra to West Haven as part of our efforts to revitalize arts and entertainment across the city," Borer said. "This spirited performance for all ages will also serve as a way to support our school district's mu-

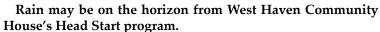
See NHSO, page 8

Watch your business GROW!

Contact us at sales@westhavenvoice.com for details.

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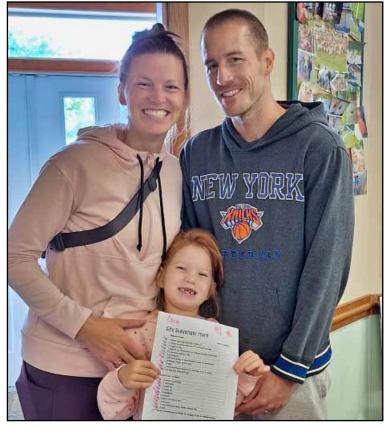


Photo by Marianne Gambardella

Win 'Hunt'

City residents Kevin and Michelle Carmody and their daughter, Cora, 7, show their checklist after winning the Department of Parks and Recreation's "City Scavenger Hunt" on Oct. 3. For the game, the Carmodys and other participants had to take 10 photos and find 10 local items. The top five finishers received gift cards donated by Cappetta's Italian Imports Pizza and Catering, Papa Dough's, Viva! Dance & Fitness Center for the Arts, Crave Nutrition and Turk's Seafood Restaurant. Participants also brought nonperishable staples for the West **Haven Emergency Assistance** Task Force.

On this Date

2011 -- Day of Seven Billion. The world's official population reached 7 billion on approximately this day. The United Nations Population Fund designated it as the Day of Seven Billion.

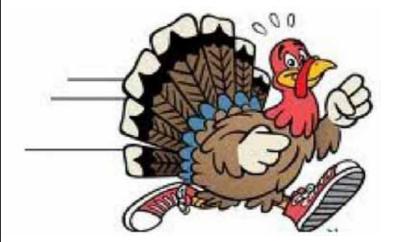
1999 -- EgyptAir Flight 990 crash. EgyptAir Flight 990 crashed off the Eastern coast of the US, killing all 217 people aboard.

1992 -- Catholic church regrets its handling of Galileo Galileo's case. Then Pope John Paul II acknowledged the errors committed by the Catholic Church while dealing with Galileo Galilei in the 17th century.

1984 -- Indira Gandhi assassinated. Indira Gandhi, the first female prime minister of India, was assassinated by two of her bodyguards. Her death sparked riots in India and New Delhi, where several thousand Sikhs were killed.

Rotary West Haven

3rd ANNUAL 5K FUN TURKEY TROT



SATURDAY, NOV. 23 Bradley Point

9 am 5K; 9:15 Fun Run 11 am - Family Fun Activities at the Grove

> To Benefit Community Programs Sponsored by Rotary Club of West Haven

Sign up @ westhavenrotary.org

Registration Closes Nov. 15th

More info: WESTHAVENROTARY@GMAIL.COM

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Next Issue Date: November 14, 2024

Annual Veterans Day ceremonies slated

By Michael P. Walsh

Special to the Voice

The city and the West Haven Veterans Council will hold a Veterans Day tribute on the Veterans Walk of Honor in Bradley Point Park at 10:45 a.m. Nov. 11.

All veterans are invited to participate in the annual ceremony, which will feature remarks by Mayor Dorinda Borer and Veterans Council President Dave Ricci.

The public is also invited. Rick Spreyer, Borer's chief

of staff, will serve as the master of ceremonies.

The event will commence with a presentation of the colors by the West Haven Police Honor Guard and a flag-raising by the West Haven Fire Department Honor Guard.

It will include the national anthem and "God Bless America," a wreath-laying, and opening and closing prayers.

The tribute will also include a bell-ringing at 11 a.m. and taps played by retired West Shore Fire Department Lt.

Veterans Day, formerly Armistice Day, is celebrated on the 11th hour of the 11th day of the 11th month, marking the anniversary of the armistice that ended World War I in 1918.

To coincide with the solemn ceremony, the Veterans Council will officially launch the 17th phase of its popular Brick Campaign.

In November 2006, the council began the first of 17 campaigns selling bricks to 100-yard Walk of Honor between the William A. Soderman and Vietnam Veterans memorials.

The bricks, which cost \$75, have charcoal lettering for personalized messages.

About 3,000 bricks have been installed to date, includ-

memorialize veterans on the ing 47 for Phase 16, which was dedicated May 25.

> Applications, due March 14, 2025, are available at https:// www.cityofwesthaven.com/ DocumentCenter/View/6825/ Veterans-Brick-Campaign-Application-2025-PDF and in the mayor's office at City Hall, 355 Main St.



The city along with the Veterans Council will host the anual Veterans Day ceremonies on Nov. 11. Applications to include veterans in the Walk of Honor will begin shortly.





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felicia

Well, sweetie pie, the leaves are falling - trees around my domicile have already given up the ghost - the days are getting shorter, a chill is in the air, and the boob tube is cluttered with one campaign ad after another. So, it must be elections season if nothin' else! By this time next week maybe, jest maybe we'll have an idea who won, cuz in our fast-paced, super tech world, we have states who take longer to count votes than entire nations. And then then wonder why people think there's monkey business goin' on. But that's the topic of another conversation.

Here in the Asylum by the Sea it's been a perty quiet election season. There are the usual lawn signs for this or that candidate, and there is a General Assembly election, but, because there is a national vote going on, that seems to take up all the oxygen in the room.

We will be voting for our entire Assembly and State Senate delegation, and Cobina would be very surprised effen there is much of a change in the current faces of the incumbents that are running. Foist of all, this is a city run by one party, with very little opposition from t'other. Second, most people will probably vote for the incumbent cuz they recognize the name, and thoid, the only districk where there will definitely be a change is the 117th. Charlie Ferraro who has held forth in that districk for the last decade has called it a career. Meanwhile, Ray Collins III is lookin' for the seat in the traditionally Republican enclave. One way or the other, there will be a new face in that

As far as our national delegation, let's face it Rosa De-Lauro Greenberg will have that seat until they roll her hearse into position. The only time the Third Congressional Districk was held by a member of the GOP was when Larry DeNardis won the seat in the Reagan Landslide of 1980. Two years later he was ousted, and the Demmies have held the seat since.

Chris Murphy, who never met a tax he didn't like nor a Chinese Communist, is probably gonna get reelected cuz people in this state are nuts. He as well as his counterpart Richard Blumenthal are embarrassments to the state, but I guess to paraphrase a quote by Harry Truman, "He might be an embarrassment, but he's my embarrassment."

So, the nonsense that is the final days of the campaign will be over, and there we are.

Before we go on, we want to

extend our condolences to the family of Michael Violano, well known sportsman in this town, and longtime businessman. Mike met his maker during a hockey tournament doing what he loved best, coaching kids. His passing was punch in the gut to many people in town who knew him.

Many remember his days as a star athlete at the local high school, where he was a threesport captain. He never forgot his roots and despite all his coaching chores did business in the city.

We extend our deepest sorrow to his family!

Well according to Sammy Bluejay there seems to be some good news on the Beach Street horizon as well as at Savin Rock. Could it be that things might actually get done and in some type of good order? Let's hope so.

Sammy sez that the owners of the former Debonair Motel are looking to raze the building and put up some shorefront condominiums. Since there are three or four setch things in that neighborhood already, one can't be too surprised about that turn of events. In fack, methinks I mentioned to you a month or so ago that setch a plan was in the works. It was jest a matter of how many stories the new development would have.

Sammy mentioned that cuz

he was relating it to the sixstory condo that is near the corner of Washington and Beach. That building we all remember was put up about two decades ago, and had some minor difficulties along the way.

Y'see people who live on surrounding or parallel streets have somewhat of a view of the water and wanna keep it that way. Well, when that sixstory job was put up there was a bit of consternation about it blocking the view.

Sammy is of the opinion something like that might be happening behind the scenes, but effen all things are in order there ain't much that can be stopped. Besides, that old building is starting to go to seed, and the fack that it's been closed for five years or so is starting to show bigtime. We've always said Beech Street was the perfect place for shorefront condos. So, let's hope this thing happens sooner rather than later.

Meanwhile, barely months after the New England Brewing Company told the city "See ya later," there is new interest in another building that has been closed for about five years - the former Savin Rock Conference Center.

Sammy was on top o' this, too. I guess a wedding venue and eatery is planned for the site, and whilst the plans aren't complete for the "Kelsey Project" as it's being called, things seem to be going full speed ahead as Herroner has let it be known she wants this thing to make a quick run through the red tape.

Of course, all eyes are not on this but next door to the former Conference Center. Once the approvals are received and there is no reason to believe they won't – the wonder is gonna be effen there will be a lawsuit filed. One will find out soon enuff. That's for sure.

A wedding venue was envisioned for the place when it was foist closed, but the building and its current problems seemed to give people cold feet. It seems this new developer has a good plan and is looking to start asap.

Keep yore eyes peeled on this one!

And for those keeping score, we are reaching the end of another month where nothing is happening as the former Haven site. We know Herroner is not happy about this, but we also know the current owners, the Haven Group, treat local authorities as if they are rubes. They are big time New Yawkers, after all.

How long has it been since the place was closed off – four years? And how long has it been since the demolitions took place? About a year? Still no inkling as to what

in Samuel J. Hill is happening over there. Mother Nature is reclaiming the land daily with new growth, and there will be new trees sprouting before we know anything. You can bet on it.

We tetched on this the last missive, but methinks it should be expanded upon. "It" is the Allingtown Library. Jest before the last letter, it was announced the Blake Building would be looked at as a new location for the Piantino Library...in other words the Allingtown Branch. As yew remember it was closed four or five years ago when it lost its lease at the Former Forest School Building on Forest Road.

Since then the books have been stored, and the Village Improvement Association, the agency in charge of the Library System, has been trying to get new digs. The former CVS site over there in the intersection of Campbell, Forest and the Post Road was mentioned, as was the building of a new building shared by the local fire brigade.

Well, interestingly, we get back to the Blake Building. When yew and I started this colyume some 50 years ago or so, the building was known as Lincoln School. Before the 70s were over the school was closed. When the Board of Education had to move outta West Haven High School cuz the place was burstin' at the seams, they chose Lincoln School, did some interior work and named it after a former politico who was a State Rep. The Blake name was a big one in these parts.

The building was talked about as a venue for the library once the Board of Ed moved over to City Hall after the constabulary moved to its new building on Sawmill Road. But for reasons not too clear, the idea was nixed. Well, now it's back.

Cobina thinks this is gonna be the place where it finally settles. It's got parking, is big enuff, and the extra space car be utilized. Besides, Herroner is behind the idea. That will cinch the deal.

Herroner is a bit of a firebrand when she has a bee in her bonnet, and it looks like the current bee is getting some longstadning projecks off the boards and completed. We ain't seen this in quite a while in these parts, and, quite frankly, it is a nice change of pace from the usual.

Stay tuned for more. Methinks you'll be hearing more details very shortly.

I'll close this time till next, mitt luff und kizzez,

Cobina



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Photo by Elizabeth Conte

'Margie' Churinetz smiles her way to 100th birthday

Longtime city resident Marjorie "Margie" Churinetz receives a citation in honor of her 100th birthday from Mayor Dorinda Borer during a celebration with friends and loved ones at App's Restaurant at 283 Captain Thomas Blvd. on Oct. 12. Borer recognized the centenarian and "lover of scratch tickets" for "your exceptional contributions to the fabric of our community." Reading the citation, the mayor said, "Your rich legacy is a source of inspiration for all Westies and is rooted in the heart of the American spirit."



News Briefs

City offers energy assistance

The city is accepting applications for the federally funded Connecticut Energy Assistance Program.

Appointments for all heating sources can be made by calling (203) 937-3572.

Applications will be processed via phone by appointment Monday through Thursday. No walk-ins will be accepted.

Applicants who have difficulty speaking English are asked to have a translator.

Eligibility for assistance is based on the income of an applicant's household. To qualify, applicants must provide pay stubs, including monthly Social Security benefits and pension incomes, for all household members 18 and older.

Applicants must also provide SNAP benefits, Social Security numbers and birthdates for all household members, as well as current utility bills for the household.

Museum hosting Veterans Day dance

Celebrate Veterans Day at the West Haven Veterans Museum, 30 Hood Terrace, with a Swing Dance and live performance by the Hot Cats Jazz Band on Saturday, Nov. 2, from 8-11 p.m. Free parking is available at the museum and at the West Haven Train Station parking lot.

This dance is 40's themed, and period dress is highly encouraged. A "Beginners" Swing Lesson will be offered from 7-7:45, provided by Hanna and Medha from the Yale Swing, Blues & Fusion Community. The price of admission includes refreshments (no alcohol), a raffle ticket and the beginner's lesson. Tickets are \$10 per person for Veterans and \$20 for the General Public.

For pre-registration, please RSVP at whveteransmuseum@ gmail.com. Payment will be accepted on the day of the event (cash or credit card).

City assessing Cove River flood issues

The city is informing residents who live near the Cove River about an important project aimed at reducing flood risks along the river.

The city, with assistance from SLR Consulting, is assessing the river's reaches to identify challenges, including maintenance issues, erosion, debris accumulation and flood risks.

As part of the project, SLR staff members will conduct field assessments and surveys along the Cove River into early November and may need to traverse properties adjacent to the river, City Engineer Abdul Quadir said.

SLR field personnel will wear company-branded items that are identifiable and visible, such as badges, vests or hats, Qua-

Residents with questions or concerns can call Quadir at (203) 937-3577.

~~ Michael P. Walsh

After-school duck pin bowling offered

West Haven's Youth and Family Services and Department of Parks and Recreation are teaming up to offer an after-school duckpin bowling program for residents ages 9-13.

The program will take place at the Woodlawn Duckpin Bowling Alley, 240 Platt Ave., from 4-5:15 p.m. Wednesdays, Nov. 6-Dec. 11. No program Nov. 27.

The five-week program costs \$15 per child and includes a pizza party Dec. 11. Siblings receive a \$5 discount.

Participants will bowl in their socks. Staff members from both city departments will keep score for bowlers.

Parents should promptly drop off and pick up their child.

Register for the program at https://westhavenct.myrec.com/ info/activities/program_details.aspx?ProgramID=29858.

Gripe Vine returns in November!

Do you have a complaint or issue? Fill out this coupon and mail it to Gripevine c/o West Haven Voice, 840 Boston Post Road, West Haven, CT 06516.

____ DATE ___

NAME

ADDRESS _____

PHONE___

GRIPE__

If you need more writing space, complete your Gripe on a separate piece of paper and submit with this form. Your identity will be kept confidential with Eleanore Turkington, Gripevine Columnist. You can also e-mail your gripe to gripevineatwh@yahoo.com or use the online form at westhavenvoice.com/gripevine.



Keenan for their exceptional service. From the moment we met

to make arrangements to the actual service, they were great.

There was no financial pressures, our limits were respected,

and everything was said outright."



Opinion

Thursday, October 31, 2024

Page 6

Established 1997

Editor Bill Riccio, Jr

Sales Director Alan Olenick

Helping the city's needy

With the coming of fall and the upcoming holiday season, which seems to start with Halloween for some people, we will note the uptick of events and collections that will aid the city's needy by collecting foodstuffs. For more years than any of us can remember, the West Haven Emergency Assistance Taskforce (WHEAT) has been helping the city's needy families with food and other programs.

Begun as an outreach of the West Haven Clergy Association in the 1980s, WHEAT was a program to aid those caught in the throes of the recession of the time and a rise of homeless, under-employed, and destitute. All the churches in the city banded together to collect canned goods and non-perishable food for distribution.

Quickly, the collections expanded into holiday or Christmas toy collections and other events for those who might not be able to celebrate the holidays. The major focus points of the collections were, of course, Thanksgiving and Christmas, but continued well beyond the time the turkeys were eaten and the holly taken down.

WHEAT eventually became an agency that needed its own offices (originally on Campbell Avenue), and then moved to its present location on Washington Avenue, formerly an auto repair and sale location. While it began as an offshoot of the Clergy Association and had a longstanding affiliation with the clergy, it has become a citizen-run agency and part of a larger statewide outreach to the poor and needy.

West Haven people took the food and toy collections seriously from the beginning, and now it is seldom we see a civic or social event – especially as the leaves begin to turn – that does not include a collection for WHEAT. And while the major collections seem to happen in the latter part of the year near the holidays, the work goes on throughout the year.

The ebb and flow of those using the agency's programs mirror the health of the economy, and the last four years have been especially difficult. Inflation, the loss of jobs to other parts of the country or other countries, and the longstanding effects of the Covid-19 pandemic shutdown have contributed to the numbers seeking help.

Beyond WHEAT, the city's annual Community Thanksgiving Dinner, sponsored by the churches in the city and hosted by First Congregational Church, will seek donations of food and money for its events. Originally conceived as a way for the shut-ins and elderly to have dinner with others, that dinner morphed into an outreach not only to those who could make the dinner, but those who needed dinners sent to their homes.

Many people who do not have a place to go for Thanksgiving, or who just want to be with members of the community take part.

Over the next several weeks notices in the publications and elsewhere will seek help in collecting food and contributions to help those in need – Neighbor helping Neighbor was the original mantra of WHEAT. We urge those who can help to do so. Knowing you are helping people in your own community is truly an important obligation of us all.

Those seeking to help WHEAT can call (203) 931-9877 or go to the website: wheatcharity@sbcglobal.net. Information about the Community Thanksgiving Dinner will be in the coming issues of this publication and elsewhere.

West Haven is a generous city. Nowhere is that more evident in the ways we help those in need.



GOP winning trans debate

By Rich Lowry

Syndicated Columnis

There used to be a time when Republican elected officials and candidates shied away from talking about trans issues.

They didn't want to appear extreme or intolerant. Why bother wading into a fraught cultural issue when there were so many other things to talk about? Deferring to "medical professionals" or "the experts" seemed the easy way out.

Now, though, Republicans have emphatically found their voice. Across the political landscape, GOP Senate candidates are hitting their Democratic opponents on their trans-radicalism and have them on the run, while the Trump campaign is pounding Kamala Harris on the issue with perhaps the most prominent ad of this election cycle.

The chickens have come home to roost, and they are apparently all cisgender. For the longest time, Democrats have gone along with the steadily evolving trans-orthodoxy as established by the cultural left. Existing in a bubble, they assumed that doubters could be isolated or embarrassed into going along, and didn't realize just how wildly out of touch they'd become.

It's one thing to say people should be tolerant of the choices of consenting adults; it's another to say that minors must have access to life-altering so-called "gender-affirming" treatments. It's one thing to say everyone should live and let live; it's another to say that biological males must participate in female sports, no matter how manifestly unfair it is to the girls and women.

There were plenty of flashing red lights for Democrats to heed. A Washington Post poll last year found that 57% of people say that gender is determined at birth. Roughly two-thirds of people said biological males shouldn't compete in girls' and women's sports. And 68% opposed giving children ages 10-14 access to puberty-blocking medication, and 58% opposed teens ages 15-17 having access to hormonal treatments.

It's only now, when they are getting punished on the issue, that Democrats are coming out and saying, in effect, that they've favored the gender binary all along.

Fighting off a challenge from Democratic Rep. Colin Allred, Texas Sen. Ted Cruz has targeted the congressman for his opposition to a bill called the Protection of Women and Girls in Sports Act. In a sign that the attack was working, Allred responded in his own ad: "I don't want boys playing girls' sports or any of this ridiculous stuff that Ted Cruz is saving."

This led to denunciations of Allred from the left. According to the LGBT publication The Advocate, he "embraced far-right language around gender identity in a new ad" -- the offending words presumably being "boys" and "girls." Similar ads have run wherever there is a competitive senate race, many of them from the Mitch McConnell campaign outfit, the Senate Leadership Fund.

In Ohio, the embattled incumbent Democratic Sen. Sherrod Brown has also responded with an ad calling the idea that he supports males competing against females in sports "a complete lie." The spot points out that Ohio has already prohibited such intrusions. But in an interview with the aforementioned Advocate last year, Brown harshly denounced such laws.

"I think all this shows is that there's still so much hate in this country," he said, "and by extension hate in politics. Politicians who introduce and support these prohibitive bills should be ashamed of themselves, and it's my hope that their constituents see through these ugly efforts."

Brown wants us to believe that he's had a sudden -- and surely instantly revocable, if he survives -- conversion.

For his part, Donald Trump is airing an ad during football games highlighting how Kamala Harris said in 2019 that she supported government-funded transition surgery for

See Lowry, page 7

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Discussion of nutrition, disease needed

By Janet King and Cheryl Achterberg

the first national candidate to should be bipartisan.

platform the issue of chronic disease in America. To ad-Whatever your opinion of dress this crisis, for children Robert F. Kennedy, Jr., he's and adults alike, our response

Lowry: Winning debate

Continued from page 6

prisoners and detained illegal immigrants. As the ad notes, it's hard to believe that anyone seriously seeking public office would advocate such a thing.

Now, in the final weeks of an extremely tight election, Harris and her Democratic colleagues are being held to account for their ideological excesses. They can cry foul, but they brought it on themselves.

Rich Lowry is editor of the National Review.

Legal Notices

East Farm Village Apartments, Multi-Family Housing, is now accepting applications for the waiting list (one and two-bedroom apartments).

Income Limits and occupancy standards apply.

Application packets can be mailed or picked up at the rental office located at 55 Messina Drive East Haven Ct 06512, Phone: 203-468-7224 Monday - Friday 9:00 am to 3:00 pm.

Applications will be accepted from Monday November 11, 2024, through Monday December 30th, 2024.

NO APPLICATIONS WILL BE ACCEPTED AFTER 12/30/2024.

Application will be returned for the following reasons: incomplete, not legible, or not eligible under program policies.

Credit and Background checks apply. (We do not run credit/background checks at the time of application)

EAST FARM VILLAGE IS AN EQUAL OPPORTUNITY HOUSING PROVIDER AND WE DO NOT DISCRIMINATE BASED ON REACE, COLOR, NATIONAL ORIGIN, RELIGION, SEX, OR PERCIEVED SEXUAL ORIENTATION, GENDER IDENITY, DISABILITY, MARITAL OR FAMILIAL STATUS





John B Sliney Bldg. Senior Property – 62 and older, is now accepting applications for the waiting list (1- bedroom apartments). Occupancy standards and Income Limits apply.

Application packets can be mailed or picked up at the rental office located at 55 Messina Drive East Haven Ct 06512, Phone: 203-468-7224 Monday - Friday 9:00 am to 3:00 pm.

Applications will be accepted from Monday November 11, 2024, through Monday December 30th, 2024.

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STATUS



expert committee that oversees the science for the U.S. Dietary Guidelines, we can tell you that these chronic diseases are primarily driven by poor diet, and our guidelines are part of the problem.

Published every five years by the Departments of Health and Human Services (HHS) and Agriculture (USDA), the guidelines represent more than just suggestions. They're the nation's nutritional North

But they've led us astray. Today, over 70% of American adults and one-fifth of children are overweight or obese.

As members (and one of us chaired) the Dietary Guidelines Advisory Committee, we aimed for the highest quality reviews. Sadly, those standards have deteriorated, leading to a national nutrition policy that no longer reflects the best or most current sci-

The guidelines were controversial at the start. In 1980, the National Academy of Sciences derided the diet's foundational studies as "generally unimpressive." Despite these concerns, the guidelines were embraced by government officials for most of the next four decades -- even as the concerns of skeptics grew louder.

In 2017, two landmark studies from the National Academies of Sciences, Engineer-

As former members of the ing, and Medicine delivered a critical verdict: the development process lacks scientific rigor and transparency, leading to guidelines that were not "trustworthy." The reports made 11 concrete recommendations to improve rigor and transparency in the guidelines process. Yet, shockingly, follow-up evaluations in 2022 and 2023 revealed that the USDA had fully implemented none of them.

The result? Continued untrustworthy guidelines that continue to drive bigger waistlines and poorer metabolic health.

Consider: Since the first guidelines were published in 1980, we've been told to fear fat and instead consume more than half of all calories as carbohydrates.

This advice fundamentally misunderstands metabolism. Chronic, excessive carbohydrate consumption -- especially refined grains and added sugars -- drives obesity, diabetes, heart disease, and other metabolic disorders.

The guidelines also maintain an unfounded hostility towards saturated fats, ignoring the last decade of evidence challenging their link to heart disease.

Following the guidelines, Americans have increased grain calories by 28% since 1970, while reducing red meat intake equally. Butter and egg consumption dropped as vegetable oil use surged 87%. We've engineered a dietary disaster, swapping wholesome, satiating foods for processed carbohydrates that leave us hungry and sick.

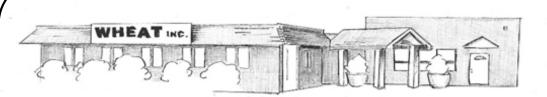
Fortunately, hope is on the horizon thanks to this year's farm bill. This massive legislative package, revisited every five years, could be the key to unlocking a healthier future for America.

The bill proposes crucial reforms to the guideline-development process, demanding "standardized, generally accepted evidence-based review methods" and requiring full disclosure of potential conflicts of interest among committee members.

By mandating greater transparency and adherence to rigorous scientific standards, we can begin to rebuild trust in these crucial recommenda-

It's an opportunity to reclaim our health, one meal at

Janet C. King, PhD, is Professor Emeritus of Nutritional Sciences at the University of California, Berkeley, and former chair of the Dietary Guidelines Advisory Committee. Cheryl Achterberg is a former Dean at The Ohio State University and was a member of the 2010 Dietary Guidelines Advisory Committee. This piece originally ran in The Hill.



WHEAT is now open Mondays too.

Our pantry is open:

Monday - 5:00-7:00 pm Tuesday, Wednesday, & Thursday - 2:00-4:30 pm.

All CT residents are welcome, no appointment needed. Photo IDs and proof of address are not required. Visitors can come once a month to receive food and should bring their own grocery bags if possible.

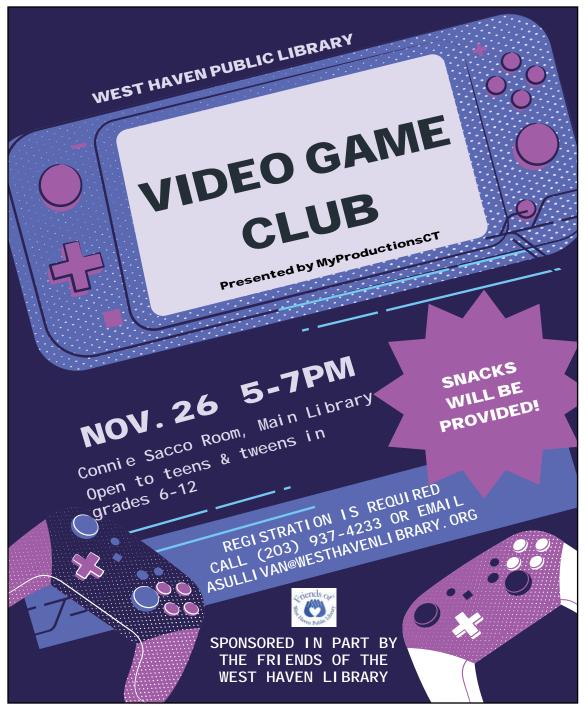
WHEAT is looking for dedicated and compassionate volunteers to work Monday evenings in our pantry! If interested, please contact Volunteer Coordinator, Fiona Pare, at fpare@wheatpantry.org.

WHEAT

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Page 8 - Thursday, October 31, 2024 WEST HAVEN VOICE





SCROG seeks input on bike path plans

The South-Central Regional Council of Governments (SCRCOG) is inviting community members to help shape the Mobility for All Plan. This initiative aims to build upon the 2017 Regional Bicycle and Pedestrian Plan and other local plans to create a more vibrant, accessible, and connected bicycle and pedestrian network.

A connected bicycle and pedestrian network links safe bicycle and pedestrian facilities to the regional transit system, enhancing connections to important destinations.

The plan will consider and recommend bicycle and pedestrian improvements to help address safety, connectivity, and infrastructure within the Region. Safe roadway design and infrastructure that calms traffic and supports active transportation (walking, bicycling, using a wheelchair or other mobility device) makes our streets safer and more accessible for everyone, in addition to promoting healthier lifestyles, reducing traffic congestion, and connecting people to jobs, schools, and essential services.

In June, the Mobility for All Project Team hosted a "visioning session" to gather insights on the challenges, opportunities, and ideas for improving active mobility in the region.

Residents of the SCRCOG communities—Bethany, Branford, East Haven, Guilford, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Orange, Wallingford, West Haven, and Woodbridge—are encouraged to take our survey at https://bit.ly/walkbikeplan to share their thoughts on enhancing safety, accessibility, and connectivity for pedestrians and cyclists.

The Project Team hosting a session in West Haven on Oct. 26, and in New Haven today.

Trunk or Treat Details: SCRCOG will have a "trunk" at the Trunk or Treat events in Meriden, West Haven, and New Haven to hand out candy and collect feedback from the public through a fun interactive polling activity.

Visit the project website at https://bit.ly/scrcogwalkbike to learn more about the project and stay update to date on future events! Let's help make **Mobility for All** a reality.

For any questions or comments regarding this project, please contact: James Rode, South-Central Regional Council of Governments, 127 Washington Ave., North Haven, 06473, or call (203) 466-8623.

Public opinion sought on city's housing needs

The public can share its opinions as the city updates its fiveyear Consolidated Plan for Housing and Community Development for submission to the U.S. Department of Housing and Urban Development.

A brief survey of needs and priorities is available to residents on the West Haven Community Development Administration webpage: https://www.cityofwesthaven.com/159/Community-Development-Administration.

Residents must return the survey to rosa@westhaven-ct. gov by Dec. 20.

The goal is to prepare a plan that describes West Haven's housing and community development needs and implement a strategy for 2025-29.

The seven-question survey can be completed in a few minutes. Information will be from the survey, workshops and other

NHSO: Plays here, Dec. 13

Continued from page 1

sic department as we recognize the value and importance of the arts among our youth. It enriches lives no matter the age."

According to its website, the New Haven Symphony Orchestra's Pops Series, conducted by Chelsea Tipton II, will bring the music and magic of the holiday season to West Haven for a special concert benefiting the arts in the city's public schools.

"Families and friends will come together to experience the joy of holiday music from around the world in Connecticut's favorite festive tradition!" according to the NHSO website.

The New Haven Symphony is America's fourth-oldest orchestra, founded in 1894.

For more than a century, the NHSO has continued the traditions of performance and education by supporting programs in schools and communities and presenting classical repertoire and pops concerts.

The orchestra has performed regularly in New Haven and toured throughout Connecticut and beyond, including concerts at New York's Lincoln Center and Carnegie Hall. It has also given numerous radio broadcasts.

Photos courtesy of Bonnie Posick

'Howling on the Green

It was a fun day for hundreds of kids and their families, as the city, West Haven United and ArtsWest joined together for for "Halloween on the Green. there ws a "Trunk or Treat" collection s well as games and face-paining. Here are more scenes from the event.





Photo by Tianna Greene

RESIDENCE WIGS SEW-INS AUTYS

LSH Beauty Supply store and salon celebrates opening

Mayor Dorinda Borer joins LSH Beauty Supply owner Nevaeh Dent to celebrate the grand opening of her beauty supply store and salon at 252 Captain Thomas Blvd. on Friday.

Dent, a graduate of West Haven High School, has leased the 1,250-square-foot space for three years, first as a salon with booth renters who accepted private appointments and now as a beauty supply store and salon in one.

In her early 20s, Dent is already a successful Black woman business owner.

"My goal is to educate women on what they put in their hair and only sell the best of the best," said Dent, who also owns a business in Hamden.

LSH Beauty Supply is nestled with other small businesses in the prime location of the Savin Rock Plaza near the beach and specializes in "ethnic hair care and hair services, such as braids, wig installations and luxury weaving services."

LSH is open from 10 a.m.-7 p.m. Monday through Saturday.

Whiffenpoofs perform at Veterans Museum a living history of America cappella group, founded in tions. Singing a mixture of old cades, the Whiffenpoofs per-

By Michael P. Walsh Special to the Voice

Yale University's Whiffenpoofs, the nation's best-known collegiate a cappella group, are performing a concert at the West Haven Veterans Museum on Nov. 16, Mayor Dorinda Borer announced.

The concert is presented by the city and will take place at 30 Hood Terrace. Tickets are \$5 and sold at the door, which opens at 3:30 p.m. The concert starts at 4 p.m.

Because seating is limited, people are encouraged to preregister by emailing whveteransmuseum@gmail.com or calling (203) 934-1111.

All proceeds from ticket sales will benefit the museum,

Publicity Photo The Whiffenpoofs of Yale University.

America's oldest collegiate a

at war.The Whiffenpoofs are 1909, and have become one of Yale's most celebrated tradi-

other hits from across the de-

Yale tunes, jazz standards and form more than 200 concerts across six continents.



ns relates situation in No. Carolina

month, Hurricane Helene struck the Big Bend region of Florida and proceeded through the southit brought rains and winds to the Carolinas and eastern Tennessee. It was the deadliest hurricane to strike the mainland United States since Katrina devastated Louisiana and Mississippi in 2005.

The epicenter of the destruction is western North Carolina, where city resident Steven R. Mullins spent five days working on hurricane relief efforts with the North Carolina based Christian organization Samaritan's Purse.

"I found myself watching the news in utter shock about the aftermath of Helene. Upon learning about the federal government's slow response, I knew that I could no longer watch from the comfort of my living room, but needed to act," said Mullins, the City's Fair Housing Commissioner and a longtime Allingtown volunteer firefighter. "I immediately signed up with Samaritan's Purse, purchased a plane ticket and made hotel reservations."

Mullins, 50 was based in first hurricane relief effort. Asheville, the seat of Bun-

combe County. worked in two additional counties, Yancy and Milton.

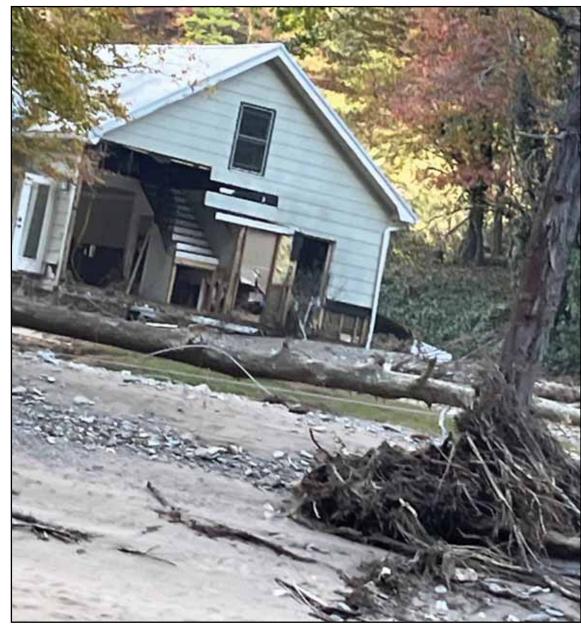
"Pictures cannot describe eastern United States, where the destruction and the lives left devastated. In addition to homes, flash floods washed away roads and bridges. Home appliances and pieces of rooftops were found fifteen feet up in trees. I spoke with one man who lost five friends to flooding and knows several people missing," Mullins said.

> Hurricane Helene is responsible for 228 deaths and 27 missing and feared dead. The storm cost an estimated \$88 billion in property damage. Tens of thousands of residents and businesses haven't had power for weeks. Water must be boiled prior to consummation. As a result, many restaurants have been temporarily closed.

> Mullins joined volunteers in repairing the homes and businesses of local citizens. Repairs included replacing sheetrock, roofing, flooring, and debris removal. He spent an entire day shoveling a basement knee deep in mud from a mudslide.

This project is not Mullins'

See Disaster, page 13



An example of some of the damage in North Carolina in the wake of Hurricane Helene.

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The Poetry Post, sponsored by the Land Trust of West Haven, Inc., has been shoreline landmark for 25 years.

Poetry Post marks 25

The Land Trust of West Haven's Poetry Post has stood on the boardwalk near the bocce courts for the past 25 years. On it are poems, drawings, and photos submitted by residents that reflect the wonder of nature and concern for the environment. Published poets from West Haven, including Claire Zoghb and Poet Laureate Tony Fusco, have graced the post with their work over the years.

For the past three years, Land Trust Vice-President Marilyn Wilkes has organized poetry contests in cooperation with West Haven Public Schools Coordinator of Language Arts, Social Studies, and Library Media, Colette Bennett. These have resulted in increasing awareness among our younger citizens about our diminishing natural resources and the dangers posed by pollution, overdevelopment, and climate change.

In the late 1990s, members of the Land Trust of West Haven were brainstorming ways to encourage citizens to become more aware of the beauty of our natural surroundings and to get involved in helping to preserve them.

At that time, board member Dolores Libow belonged to a writers' group organized by poet and nature lover, Dr. Sue Holloway. Dr. Holloway shared that in some countries, poets hung their poems on a line in the market to sell them. It was a public activity.

Patricia Herbert, a local educator and long-time member of The Land Trust spoke at meetings about how, in the past, messages for the public were posted in a designated space on the town green.

Additionally, the concept of a Peace Pole was discussed. This is an internationally recognized symbol of peace. The words "May Peace Prevail on Earth" are etched on a six-sided pole in a variety of languages. Peace Poles stand vigil in silent prayer in every country in the world.

The distillation of these three concepts led to the idea of a Poetry Post. Gabriel Alvandian, local engineer, former president of The Land Trust, and long-time open space activist, designed a four-sided structure that allowed for the display of poems in all kinds of weather. He oversaw the construction of his creation.

During the tenure of Mayor Richard Borer, the site of the Poetry Post was further developed with the cooperation of the Department of Public Works, under the leadership of Barbara Barry, and the Department of Parks and Recreation under the auspices of Bill Slater. Beth Sabo, at that time with the Department of Human Resources, worked with members of The Land Trust of West Haven to enhance this location with benches and plantings.

If you are interested in becoming part of this history, please submit your poem, prose, photo, or artwork to fit in an 8" by 11" space in one of the following ways:

- ~~ Mail your piece to The Land Trust of West Haven Inc. P.O. Box 269, West Haven, CT 06516
- ~~ Drop it off at the main desk of the West Haven Public Library, 300 Elm St. West Haven, CT 06516
- ~~ Send it by email to whpoetrypost@gmail.com

For more information about the Land Trust of West Haven or to become a member, visit its website at www.landtrustwesthavenct.org.





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nnawon celebrates annual Awards Night

By: Steven R. Mullins

Past Master

Annawon Lodge of Ancient, Free & Accepted Masons of West Haven Worshipful Master Joseph F. McVety, Jr presented awards and charitable monetary donations at the Lodge's annual awards night recently.

Commemorative pins were presented to Lodge members with milestone anniversaries, including Brother Richard Werner, who received his 60-year pin.

McVety also presented awards to members and some wives and significant others that have made in-kind contributions to the Lodge over the past year.

In addition to Lodge members and affiliates, Brother Jerry Nero, President of the Annawon Lodge Fellowcraft Club presented at check for \$500.00 to West Haven Community House Executive Director Amy Guay-MacFarlane. The Community House is a nonprofit organization that facilitates healthy, productive, independent, meaningful lives for children, adolescents, families and individuals with disabilities.

The club also presented a check for \$8,500.00 to House of Heroes Executive Director Carol May. Founded in 2000, House of Heroes is a nonprofit organization that serves veterans and their spouses that are disabled, or facing financial difficulties. Many veterans served are from West Haven. The funds were raised from the Club's annual golf outing.



Photo by Kyle Podpolucha

Annawon Lodge Worshipful Master Joseph F. McVety, Jr presents Brother Richard Werner with his 60 year pin.





Annawon Lodge Worshipful Master Joseph F. McVety, Jr and Fellowcraft Club President Brother Jerry Nero present a check for \$8,500.00 to House of Heroes Executive Director Carol May as others look on.



Photo by Kyle Podpolucha

Annawon Lodge Fellowcraft Club President Jerry Nero presents a check for \$500 to West Haven Community House Executive Director Amy Guay-MacFarlane, as Worshipful Master Joseph F. McVety, Jr leads applauds.



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Historian's corner

By Dan Shine

Hallowe'en, 1950s Style

What do you remember about Halloween when you were a kid?

The Boy remembers trickor-treating on Kelsey Avenue with a bag full of candy in 1959:

The bag was made of brown paper, like the kind the grocery stores used, and a grinning Jack O'Lantern was printed on the side of it. The kids were all wearing raincoats over their costumes that night, because it was pouring down rain.

As The Boy ran home across Kelsey Avenue, the bottom of his bag burst, and all that candy was spread far and wide across the glistening pavement. And so ended a memorable, miserable Halloween for him.

Peter Malia recalls, "Halloween for the neighborhood kids began as soon as the leaves started falling. People would make huge piles of leaves on the street and kids would begin what's now called mischief night -- only then it was called "ringing doorbells night"-- for several nights, not just one. The older the kids the more daring they became. Ring the bell and hide in the pile of leaves! Or in the hedges -- close enough to the houses to learn a few new cuss words every year! (Those leaves always were eventually burned, and I can still remember the familiar smell wafting all over West Haven).

"But a couple of things really stick in my mind: First, the time and effort we all put into our homemade costumes (aided by trips to a costume shop on the corner of Campbell Avenue and Brown Street). If you had a store-bought outfit you were ridiculed.

"One of my friends kept showing up every year with this Peter Pan mask. As he grew older, it seemed to grow more ominous. Another kid had to wear his German lederhosen as a costume. And then there was always the kid who went way overboard. His mom spent hours making him up to be Frankenstein, right down to the bolts an either side of his neck -- I think we had just seen the movie at the Rivoli. He had green make-up on for days after that. But I wasn't much better."

Carole Lunde Mikenis relates, "I vaguely remember my only EVER trick or treating in the snow-this was in 1956, maybe--trudging up Grove Place hill. We always had costumes that were home made. My mom would pick a theme, and my younger sis and I would go out together, except SHE was always the cute one, while I was the Mad Hatter (a huge cardboard top hat with legs, and pointy shoes my dad made out of linoleum). Meanwhile, she was Sweet Little Alice with long blonde hair.

Another ryear, she was the cute little Dutch girl, and I was the little boy that stuck his finger in the dam.

"Candy bars were bigger than the store-sized ones you buy singly now! And there were popcorn balls – homemade ones . We always had a big Halloween party. Grove Place Association would put it on.

Remember doorbell ringing? We would go out the night before Halloween, and ring a doorbell, and hide. One year, I was probably ten, I got caught by the 'mean lady' at the top of the hill. My friends ran and I got taken into her house. Inside, I expected to be

chastised, but instead I ended up with hot chocolate chip cookies and a glass of milk. I don't remember ever throwing eggs, or toilet papering houses. We didn't have the money for that."

In the words of Allan Gagnon, "I remember the year Greg Morrissey was running for mayor, it was like a candy shop in his front room. He told us we could take one of whatever candy bar we wanted and they were full size bars. Hard choice!

"Another year my cousin Jim Hubbard had fallen off his tractor and broken his arm just before Halloween and Mom had me take an extra bag and



Dan Shine is a columnist for the West Haven Voice, and local history buff

ask everyone for candy for Iim.

"Most people gave me dirty looks and almost didn't give me the extra goodies until my friends stood up for me and told them my mother was making me do it. I don't think Jim ever got that much candy before.

"Back then we used pillow cases for bags."

To all the children of the 1950s, 1960s 1970s and beyond,

Best Wishes for a safe and Happy Halloween



Halloween in the 1950s was a big different, with parties, and homemade costumes as well as dunking for apples.

Disaster: Resident aids survivors

Continued from page 10

In 1999, he joined Habitat for Humanity and New Haven's St. John's Episcopal Church in working on Hurricane Mitch relief in Tegucigalpa, Hondu-

Samaritan's Purse was founded by the Rev. Franklin Graham. The organization responds to aid in storm relief efforts all over the world. This is the first time that they have had to respond in their own area.

Per Samaritan's Purse tradition, a Holy Bible is presented to every family served by the organization as a sign of hope. The Bible is signed by all responding volunteers.

"Despite losing their homes, pictures and other personal effects, the people of western North Carolina remain very strong in their faith," said Mullins, a Eucharistic Minister at the Episcopal Church of the Holy Spirit. "They have truly inspired me in faith."

He had one final reflection on the experience.

"The entire experience was certainly a rewarding one. There is so much work to be done and I felt guilty while boarding the plane to come home," he said. "I am truly blessed that I had the financial means to make that trip to lend a hand, albeit only for five days."



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Sports

Thursday, October 31, 2024

My Two Cents

By Bill Riccio, Jr.

The West Haven sports community – one of the tightest-knit anywhere - sustained another body blow two weeks ago, with the sudden passing of Westie par excellence Michael Violano. "Vio" as he was called throughout his life was the epitome of the hometown boy who gave back to his city.

Most recently the owner of Vio's on Campbell Avenue, where he sold sports gear, uniforms and was well known for his embroidery work and specialized tee shirts, Violano gave his entire life to a city he loved, and it started from an early age.

This writer knew Violano from an early age when he was in junior high school (as it was called back then). He was part of a Blohm Street group of kids that got together with kids from other neighborhoods and played games - any game. Baseball, street hockey, ice hockey at Morse Park in the days when an earthen rink was flooded in the winter, neighborhood games of football at Painter Park any game to keep active.

He was friends with relatives of mine who lived on Noble Street, and it was quite easy to see he was a kid driven to excellence in anything he put his mind to do. Goaltending in hockey and playing first base in baseball were two passions - and the way he played both positions, one skill set lent itself to the other.

By the time Vio had hit high school, he was ready to make his mark in three sports, soccer, hockey, and baseball and that he did in spades!

He played soccer for Elliot Marnell, hockey for Art Crouse, and baseball for Whitey Piurek. And, to my recollection by the time he graduated in 1975, he

See My Two Cents, page 15



Westies maul Grizzlies; booters boost record

After the West Haven football team opened the season with a loss against Greenwich, the team was well aware of what the new mission. That mission, to win its game each week, has worked to perfection for five straight weeks.

West Haven's latest victory came in a 39-0 home victory over Guilford. With the win, West Haven improved to 5-1 on the year.

Nick Conlan threw for 235 yards and one touchdown, while rushing for 116 yards and another touchdown. Coryon Harris ran for 128 yards and three touchdowns, while also coming up with three interceptions on the defensive side.

The Westies took a 6-0 lead in the first quarter as Conlan connected with Tahmayn Thompson for an 80-yard score. Harris then took over as his 19-yard touchdown run gave the Westies a 13-0 lead, before he scored from six yards out for a 19-0 lead with 8:48 left in the third quarter.

When Harris scored from three yards out with 3:45 left in the third, West Haven led 26-0. Conlan scored from 12 yards out 30 seconds into the fourth, and Darryl Small scored from three yards out with 3:08 remaining.

The West Haven volleyball team fell to North Haven 3-0 at West Haven High by scores of 25-13, 25-19, and 25-16. The second straight loss for the Westies dropped the team to 3-16 on the year.

Sarah Davey ran the offense with 17 assists and added seven digs on the defensive side. Camila Queiroz also had seven digs, while adding five kills, Avery Criscio added five digs, Sam Close had six kills, Odalys Solorzano had five digs, and Chloe Payne finished with four kills.

West Haven closed the regular season with a 3-1 home loss against North Branford. The third straight defeat by scores of 25-12, 25-13, 22-25, and 26-24 closed West Haven's season at 3-17.

Davey closed her high school volleyball career in style with 21 assists and 17 digs. Criscio also had 17 digs and added four kills, while Queiroz had



Photo by Todd Dandelske

No. 22 Ethan Masoperh leaps to go around a ND Prep player in the Westies' 6-0 victory.

seven digs, Jayden Braacker had 10 digs, Solorzano had six digs, Mia Roman had five digs, and Kearlze Marquis had five kills.

Payne added six kills, three blocks ad three digs, while Close had five kills, three digs and three aces.

The West Haven boys soccer team opened the week in impressive fashion. Trailing early, the Westies stormed back to top Branford 5-3 at Ken Strong Stadium in West Haven.

With its third straight victory, West Haven improved to 8-6 on the year.

"After a horrible start, the lads took control of the game and scored five unanswered goals," West Haven coach Chris Cap said. "Congrats to the freshman Aidan (Panton) on his first varsity goal to put us ahead."

With the Hornets leading 3-0 just 11 minutes in, West Haven began its rally as Walter Romero scored off an assist from Bryan Monge at the 33:30 mark to get within 3-1 at the

The Westies trailed by those

two goals before Monge scored off an assist from Matthew Panton. Romero then scored his second of the game, off an assist from Ethan Masoperh at the 61:30 mark to even the game at three.

Just 3:50 later, West Haven took the lead for good when Aidan Panton scored off an assist from Bobby Severino with 14:40 remaining. Matthew Panton capped the scoring with an unassisted tally at the 73:35 mark.

West Haven held a 23-8 shot advantage in the contest. Yahzeel Beyley made five saves in the win.

The feel good vibes West Haven had after a stirring comeback victory over Branford lasted just a few days. Traveling to Bethel, the Westies were thumped, 7-1, and fell to 8-7 on the year.

West Haven's only goal was scored by Youssouf Keira off an assist from Romero. Beyley made 13 saves in the loss.

Bethel was led by Brady Fitzgerald and Nick Freire with two goals apiece.

See Westies, page 15

Westies

Continued from page 14

In the final game of the regular season, West Haven improved to 9-7 with a 6-0 home victory over Notre Dame Prep.

West Haven controlled the game with an 18-8 shot advantage and Beyley made sure Notre Dame Prep was kept off the scoreboard with five saves in the shutout.

"It was nice to finish off the regular season with a strong win," Cap said. "Congrats to Daniel (Cabrera) on his first varsity goal."

Romero led the way for West Haven with two goals and an assist, while Severino finished with a goal and an assist.

Romero got things going when he scored off an assist from Panton at the 12:22 mark of the first half. Daniel Cabrera extended the lead with his first varsity goal for a 2-0 advantage off an assist from Romero at the 26-minute mark.

Leading 2-0 at the half, the Westies put the game away with four goals in the second half. Severino scored an unassisted goal for a 3-0 lead at 46:30, Wilson Canan tallied off an assist from Severino at 52:00, Romero added an unassisted goal 15 minutes later, and Caleb Awuah scored off and assist from Keira with four minutes to go.



Photo by Todd Dandelske

Clockwise -- West Haven Girls' Swim celebrated their Senior Night after a 98-71 victory over Mercy. Sarah Davey sets the ball for the Westies in their game against North Branford. Chloe Payne gets the block versus North Bran-





My Two Cents

Continued from page 14

was the most recent three-sport captain in West Haven history. There have not been too many since in an era of specialization and one-sport athletes playing the same game all year.

While at West Haven he made several All-District League teams, All-Area teams and an All-State team or two. The goal-tending skills, and his soccer playing came in handy at first base in the spring. He was a master of the stretch for an out

on a tight play, including making the splits when he thought it necessary.

Though he was a "flashy" player, it came not out of a desire to make himself standout, it came from a deep desire to hone his skills and be the best player he could be. At times he was a man playing among boys.

Once his high school days were over, coaching was in Vio's blood, and he was good at it. Intense, a good teacher, and he was good at it. For the next four

decades, Vio made his mark as a coach, and he did it the old-fashioned way – he taught. Teaching coaches, those who strive to impart fundamental skills on their players are a dying breed.

Vio's hockey teams were fundamentally sound in all facets of the game, and, in many ways, he emulated the legendary Art Crouse in his approach to the game and his players.

When word came of his sudden death, one could only grieve for

By Bill Riccio, Jr.

the loss of such an outstanding individual. Vio is the third this year: Ed McCarthy and George Chambrelli were lost in 2024. An era in West Haven athletics is beginning to fade into history.

We send our condolences to Vio's family. His legacy will live on in the players he coached and mentored.

he emulated the legendary Art

Crouse in his approach to the game and his players.

When word came of his sudden him

Requiescat in pace.

Photo by Todd Dandelske

Keeping his head

West Haven's Malik Ouro-Adei (19) directs a header on goal in West Haven's 6-0 win over Notre Dame Prep. The victory closed out a 9-7 regular season for the Blue Devils, who awaited the pairings in the CIAC State Tournament.



Youth Soccer teams finish fall schedule

This past weekend saw the Hemming, Daniel Barnes, end of the fall season for the West Haven Youth Soccer League. The Gunning Law Firm faced off against Keenan Funeral Home. Christos Krikris scored the first goal of the game and went on to score another goal. Shavier Medley and Leandro Arena also each scored a goal. There were great defensive plays by Denzel Ortega, Jayden Contreras Del Razo, and Xavier Rios. For the Keenan Funeral Home Gray Wolves, goals were scored by Deverton Darden-Morris, Levi DeMayo, Cade

Ace Hemming and Zayden Jordan. Another excellent offensive performance by Idris Green and Cash Papa was also on display. Luca D'Elia played an incredible defensive game which helped secure a victory.

The Keenan Funeral Home Gray Wolves also had anincredible showing other against Thorough Restoration, with goals scored by Ace Hemming, Idris Green, Luca D'Elia, Zayden Jordan, Cash Papa and Dominic Ferris. Jordan and D'Elia also contributed excellent defense with

support from Cade Hemming and Adrian Spodick to secure the victory.

The Cappetta's Italian Imports Strikers enthusiastically entered their final week of play against strong opposition in Wizard Painting. All of the girls played exceptionally well and showed what they learned throughout the year. Avery Smullen was a defensive wall, not allowing anything to pass while Layla Steel and Sahara Mencia pushed their team forward with great technique. These girls worked together and fought hard allowing Cappetta's Italian Imports to take the win for the ending of a great fall season. George Ellis Company lost a close game to the WH Professional Firefighters, 2-1. Eli's Orange defeated Stars Ice Cream by the same score.

P&B Express had a great end of season game with multiple goals scored by several team players against Porto Funeral Home. The coaches are proud of the camaraderie and commitment from each player on the team.

The West Haven Federation of Teachers team's recent victory against Taco Town was a testament to their unwavering dedication and exceptional teamwork throughout the season. The coaches had the privilege of witnessing their

remarkable growth and development, both individually and as a cohesive unit. From the very first practice, the players displayed commitment, pushing themselves to their limits and supporting one another every step of the way.

When the final whistle blew, signaling their triumph, the sheer joy and pride on their faces were truly inspiring. The Physicians Physical Therapy Maroon Pirates took on the West Haven Police Local #895 Vipers, with the Vipers getting the 3-2 win.

RQ Accounting and Tax Services lost a heartbreaker to the Baybrook Remodelers Tigers

See Soccer, page 17

WestieBlue.com



For all your West Haven sports, visit www.westieblue.com

Complete coverage of all sports teams from Youth Sports to Alumni

Photos Videos Player of the Week WH Championship teams Future Westies Alumni Hall of Fame WH News and Notes Team Leaders Statistics Coaches Information Coaches Comer And more

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Contact Mike Madera Phone: (203) 530-1322 Email: MikeWestieBlue@aol.com



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Antiques, Collectibles, Old/Vintage Toys, Musical Instruments (Saxophones, Trumpets, Violins, Flutes, Clarinets, Trombone & O MUCH MORE), Advertising Items, Wristwatches (Broken or Not), Pocket Watches, Tools (Machinist, Woodworking, & MORE) Doorstops, Clocks, Oil Paintings, Old Signs, Old Photographs, Old Postcards, Brewery Items, Hunting & Fishing, PEZ Dispensers, Costume Jewelry, Broken Jewelry, Gold & Silver Jewelry, Gold & Silver Coins, Military Items, Swords & Bayonets, Helmets & Patches, Medals & Uniforms, Pocket Knives, Lighters & Pipes, Fountain Pens, Mechanical Pencils, Fraternal Order Items, Religious Items, Industrial Items, Winchester Items, Sikorsky Items, Pratt & Whitney Items, Cold Items, Native American Items, Vintage Electronics, Slot Cars, Toy Trucks, Matchbox & Hot Wheels, Barbie's, Folk Art. Statues, Bronzes, Trains, Cameras, Mid Century Modern Furniture, Straight Razors, Shaving Items, Political Items, Comic Books, Sports Cards, & Autographs....

& THE LIST GOES ON!

Soccer

Continued from page 16

1-0, with the Tigers scoring the winning goal in the dying seconds of the game. York Business Center Navy Lightning Fairies won their last game of the season against Frankie's of West Haven, making them undefeated for the fall. Liliyani Amaro and Charlotte Murray defended the net.

LilithBelle Warcholic played tough defense getting the ball up to Katie Samaniego. who ran the ball to the net many times. Charlotte Murray took many shots on the net and played an overall great game. American Family Care defeated Elsie Encarnacion State Farm Insurance, 4-2.

The Milano & Wanat Navy sharks finnished their season undefeated with a 2-0 win against Elite Soccer Camps. Tyler Franklin and Jalen Linen both scored.

Will Marmelstein played a great game at midfield. Jalen Hoskie, Jr., demonstrated great communication. the University of New Haven Chargers beat the Law Office of Paul V. Carty 4-1, while Seacrest Retirement Center tied Mad Mike's Cheesesteaks 3-3, and Stowe's Seafood defeated Connex Credit Union, 1-0.

As the Rec season wound down, the travel teams still compete for another couple of weeks.

The Top Hat Dance Academy U10 girls travel team defeated Southington, 4-1. Riley Onde, Bianca Dinallo, and Ayah Lamkhantar scored. Angela Guerrero played both offense and defense and had an excellent game overall. Avalyn Wilder took many shots at the goal. Layla Steel was a tough defender to pass, not letting the ball get behind her throughout the game.

The U10 girls Travel team also beat North Branford, 2-1. Riley Onde played an outstanding game, making many passes and taking shots at the net and scoring. Ayah Lamkhantar also took many shots and scored. Vivian Andrade and Layla Steel played excellent defending the goalies Savanna Gilchrist and Anna Howery. Hamidat Tidjani played amazing on both defense and forward, taking many shots at the net and keeping the ball on offense for much of the game.

The Vio's Sportsplus U14 girls Travel team were on the road in Branford Saturday where a tough battle ended in a 1-0 loss. Allie Powers, Phoebe DiNuzzo, and Josyln Da-Vila worked hard in defense for West Haven. On Sunday, the girls took home a 7-0 win against Ansonia with goals by Emma Routh, Luciana Cappetta, Kylee McCoart, Mia Montes, and Maddie Marion.

Legal Notice

November 5, 2024, State Election

The Electors of the Town of West Haven are hereby warned to meet at their respective polling places in said town on Tuesday, November 5, 2024, for the following purposes:

- I. To cast their votes for Presidential and Vice-Presidential electors, United States Senator, Representative in Congress, State Senator, State Representative, and Registrar of Voters*
- II. To vote on the following question for the approval or disapproval of a proposed Amendment to the Constitution of Connecticut, a vote of "Yes" being a vote for approval, and a vote of "No" being a vote for disapproval:
- 1. Shall the Constitution of the State be amended to permit the General Assembly to allow each voter to vote by absentee ballot?
- 2. Deberia enmendarse la Constituci6n estatal para permitir que la Asamblea General permita a cada votante votar en ausencia?

The full text of such proposed question with explanatory text, printed in accordance with Sec. §2-30a of the General Statutes, is available at the Town Clerk's Office for public distribution. The vote on the proposed question is taken pursuant to the Constitution of Connecticut.

The following list designates the polling locations and corresponding districts information for the November 5, 2024 Presidential Election:

<u>District</u>	<u>Location</u>	<u>Address</u>
1	City Hall	355 Main Street West Haven, CT 06516
2	Savin Rock School	50 Park Street West Haven, CT 06516
3	Savin Rock School	50 Park Street West Haven,.CT 06516
4	UNHHall	898 First Avenue West Haven, CT 06516
5	Forest School	95 Burwell Rd West Haven, CT 06516
6	Forest School	95 Burwell Rd West Haven, CT 06516
7	Molloy School	255 Meloy Rd West Haven, CT 06516
8	Mackrille School	806 Jones Hill Road West Haven, CT 06516
9	Seth Haley School	148 South Street West Haven, CT 06516
10	Pagels School	26 Benham Hill Rd West Haven, CT 06516
	Central AB	355 Main Street - Third Floor

Telephone numbers are not available for each polling location; please feel free to list the following numbers for the Registrar's Office (203) 937-3540 or (203) 937-3541.

Voting tabulators will be used. The polls will be open at six o'clock in the morning (6:00 am) and will remain open until eight o'clock in the evening (8:00 pm).

During the 14-day early voting period before said election, the hours and location of early voting will be as indicated below. Each early voting location will also offer Same-Day Registration (SDR).

Early Voting Day: Hours Early Voting / SDR Location

October 21-28 & 30, 2024: 10 a.m. to 6 p.m.

October 29 & 31, 2024: 8 a.m. to 8 p.m.

November 1-3, 2024: 10 a.m. to 6 p.m.

355 Main Street-1st Floor
West Haven

On Election Day, the hours and location of SDR will be as follows:

Election Day: Hours

November 5, 2024: 6 a.m. to 8 p.m.

Dated at West Haven, Connecticut, this 21st day of October, 2024.

SDR Location
355 Main Street-1st Floor
West Haven

JOHN LEWIS
Town/City Clerk

Town of West Haven

West Haven Voice Classified

Thursday, October 31, 2024

Page 18

CALL YOUR AVON LADY Looking for Avon? Call Phyllis Franco,

(203) 932-9367. And I will drop off a brochure. Over 30 years' experience. Friendly Service.

FOR RENT

Harborview Condominiums Commercial space available In this professional building. Desk/Space from \$295/month. Full office with waiting area

\$695/month, includes off-street parking, Use of pent-house meet- ing room, janitorial services. Call us for an interview. (203) 932-6455 Fran x 301

GUTTER CLEANING

Jay's Gutter Cleaning. Minor repairs, tree work, hedge- trimming, power washing, insured. Free estimates. Call (475) 238-2199.

PLUMBING PROBLEMS??? Leaky pipes, Leaky Faucets, Leaky Showers, RunningToilet, Drain Cleaning, Leaky Hot Water Heater, Gardbage Disposals, Dry- er/Washers, Laundry Lines, Dish- washer Lines, Gas

PIANO LESSONS BY COMPUTER

Since 1992, in your home when we can.

Beginners welcome, reasonable rates.

Details, References. In West Haven: 203-479-4467

Stoves, FULL PLUMBING RE-PAIR SÉRVICES,(203) 584-6868.

SEEKING NEW STUDENTS Grammy-nominated musician/ piano teacher Judy Pancoast now ac- cepting new students to start in Sep- tember in West Haven. All ages. Email mamanook@comcast.net all the details.

JOB OPPORTUNITY

Carpenter-minimum 10 years' experience;

-must be able to speak fluent English; -must be able to work well

with others;

-needs a minimum of three references (not family); -must have a valid driver's li-

cense; -must be able to pass a drug

-must be able to work nights and weekends.

Martins Building & Remodeling, LLC Phone: (203) 305-7940.

184 CAMPBELL AVE WEST HAVEN, CT

20 German car

22 Author Harte

"Rocky" 25 Long lunch?

26 Docs' org.

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29 Misfortunes

brain-teaser

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J's Lawn Service

Accepting new clients/customers for summer lawn care. Also, spring cleanup and lawn preparation. For estimates call (203) 435-3319. Veterans and senior discounts available.

For Sale 1938Columbia gicycle. \$500; Yankee sled. \$80 or best offer. 3 fish tanks complete with stands. Best offer, (203) 934-6219

HOME IMPROVEMENTS

Deck work - Porches - new or repairs. Floors - Stairs - railings -posts - columns.

Interior work -walls and ceilings repaired.

Minor carpenry work. Call Bill, (203) 901-2136.

Kitty Cat for Adoption To a good home. Call 203-627-5840.

EMMETT'S AUTO CENTER REPAIRS AUTO BODY TOWING 24 HRS

EMMETT MAHER

PH 203-934-3100 FAX 203-934-7401

Art Painting Instruction Acrylics or oils \$30 for a 3 hour session in West Haven Call Edith at 203 232 4384 edithreynolds.com.

HOMECARE -- In West Haven. 3 days/week; \$16/hr. Minutes from bus stop. Call 203-627-

West Haven Elk's Lodge Hall Rentals 150 person capacity. Low Prices. Bar and Kitchen facilities available. Great for all functions. Free Parking. 203-671-4322 / 203-933-1537



Try Our Omelettes - Starting at \$5.00!

Our Menu Includes:

Salads, Grinders, Wraps, Burgers, Pasta. Greek Items

<u>Dine In or Take Out</u>

Weekly **SUDOKU**

by Linda Thistle

8

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

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142 Campbell Ave (203) 934-4407

Open at 7 am

King Crossword

ACROSS

- 1 Fringe benefit 43 Drag 5 "Humbug!"
- 8 Rocky outcrop
- 12 Jai -
- 13 Swelled head 51 Causing
- 14 Valentine bor-
- 15 Cooking area
- 17 Gray's subj.
- 18 Wedding set-
- ting
- 19 Riyadh residents
- 21 Pride parade
- letters
- 24 GI entertainers
- 25 Ganges wrap
- 28 Incursion
- 30 "Tasty!"
- 33 Actress
- Thurman
- 34 Orchestral
- strings
- 36 Prohibit

- 37 Gas co., for
- 35 Director Ang

- 39 Corn core

41 Cruising

50 Pundit's piece annoyance

46 New York's -Island

- 54 Stallion's mate 27 Cattle farm
- 55 Flightless bird
- 56 Revise 57 Org.
- 58 Trench 59 Pixels
- DOWN 1 Brazilian rub
 - ber
- 2 Mideast airline 42 "A mouse!" 3 Harangue 4 Capital of
- Rwanda 5 Wager
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- Beer ingredient 47 Chic beach 8 Santa -
- 9 Not by design 48 Monogram pt. 10 "Superfood"
- berry 38 Printer's blue 11 Understands
 - 16 Work unit 53 Fanatic
- 15 18 48 54 55

© 2024 King Features Synd., Inc October 31, 2024

MAGIC MAZE • WORDS FOUND ON A FIVE-DOLLAR BILL

V Q N K I F D A L L S X V T Q OMMAJHFAICEAYWU RPREMNGNLJIRRHF

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KIEEUHFALLDEBTS DRFPCAETAVIRPOZ

TXWSETATSDETINU Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: 16TH PRESIDENT

Public E pluribus unum

Tender

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Treasurer Memorial Note Private

- 1. MOVIES: Who was the only actor to receive an Oscar nomination for work in a
- "Star Wars" movie? 2. GEOGRAPHY: What is a body of land with water on three sides called?
- 3. U.S. PRESIDENTS: In 1960, which two candidates participated in the first televised presidential debate in 1960? 4. FOOD & DRINK: What type of flower
- produces vanilla bean pods? 5. MUSIC: What was the name of blues musician Stevie Ray Vaughn's first Fender Stratocaster?

6. SCIENCE: What type of gas is absorbed

Rijksmuseum?

7. LITERATURE: What is the name of the submarine in "Twenty Thousand Leagues Under the Seas"?

8. TELEVISION: What is Clair Huxtable's profession in "The Cosby Show"? 9. ANATOMY: What is a more common

name for the sternum? 10. ART: Which European city houses the

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10. Amsterdam 9. Breastbone. 8. Lawyer.

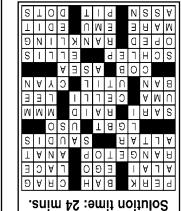
7. Nautilus. 6. Carbon dioxide. 5. Number One.

4. Orchid. 3. John F. Kennedy and Richard Nixon.

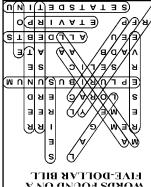
2. A peninsula. 1. Alec Guinness.

Answers

Answers to this week's puzzles



Answers **King** Crossword -(SETATS DET) [N)



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Answer

Meekiy SUDOKU

West Haven Fire Services/ Fire Safety Checklist







On November 3, 2024: Remember to turn your clocks back one hour ALSO

CHECK YOUR SMOKE & CO DECTECTORS

Heating Equipment

- Keep electric space heaters at least 3 feet from all combustibles
- Replace furnace filters once a year
- Clean lint from behind clothes dryer
- □ Install a sparks screen in front of the fireplace
- Have chimney, furnace inspected and cleaned annually
- Dispose of ashes in metal containers
- Keep newspapers, other combustibles and clutter away from water heater/furnace

Electrical

- □ Avoid overloading electrical circuits
- □ Inspect electrical cords and appliances for damage
- Do not tack cords to the walls or run them under rugs
- □ Maintain air space around electrical equipment such as TV, VCR, stereo, etc.
- Install additional outlets, by a qualified electrician, to avoid using cube taps and extension cords
- ☐ If you must use extension cords, use only the kind that have a built in circuit breaker

Flammable Liquids & Hazardous Materials

- □ Limit the amount of chemicals stored
- Dispose of and recycle household hazardous materials properly.
- Store hazardous materials in proper containers with tight fitting lids and correct identification labels
- □ Store hazardous materials away from heat sources
- Allow proper ventilation when using flammable liquids and hazardous materials
- Put oily rags in metal containers with tight fitting lids, not in a pile where they can spontaneously ignite.

DO NOT STORE PROPANE or GASOLINE INSIDE YOUR HOME OR BUSINESS

Store in detached garage or shed or on deck
If you need to dispose of Propane Tanks call 203-488-1956
Leetes Island Fuel ~ 49 Leetes Island Rd ~ Branford, CT

Cooking

- Never leave cooking unattended
- Cuff sleeves and turn pot handles
- □ Never store combustibles in oven or on stove top
- □ When barbequing, move unit away from house
- Dispose of coals/ashes in metal containers

Smoking Materials & Candles

- Never leave cigarettes or candles unattended
- Purchase and use ashtrays that have the center support feature
- Empty ashtrays into noncombustible containers only
- Never smoke in bed
- □ We recommend against the use of candles
- □ If you must use candles, place them in sturdy holders

Smoke and CO Detectors

- Install SMOKE & CO detectors inside and outside every sleeping area and on every level of your home
- □ Test smoke, CO detectors once a month (use a broom handle to reach)
- Replace smoke, CO detector batteries twice a year(replace when changing time on clocks-Spring and Fall)
- □ Replace smoke, CO detector units every ten years

Fire Extinguishers

- □ Purchase a multipurpose (ABC) extinguisher
- □ Teach your family how to use a fire extinguisher (use P.A.S.S.-Pull the pin , Aim, Squeeze, Sweep)

Develop & Practice a Home Escape Plan

- Develop a home escape plan that includes
 - Crawling low under smoke
 - Two exits out of every room
 - A meeting place outside (tree, mailbox, etc.)
- Practice escape plan with every member
- Teach all family members how to:
 - Dial 911 in an emergency
 - Stop, drop and roll if clothes catch fire

The use of a kerosene heater within the City of West Haven is prohibited by Ordinance

VOTE ROW A ALL THE WAY

TUESDAY, NOVEMBER 5, 2024 EARLY VOTING UNTIL NOV. 3





<u>Kamala Harris</u> President



Chris Murphy U.S. Senate



Rosa DeLauro
U.S. Congress



Gary Winfield
State Senate 10



James Maroney State Senate 14



William Heffernan III
State House 115



<u>Treneé McGee</u> State House 116



MJ Shannon State House 117



<u>Sherri Lepper</u> Registrar of Voters

Questions? Call 203-903-3065 or visit our headquarters at 689 Campbell Avenue West Haven, CT 06516

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